

## The Teachers



**Meng Laoshi** learned Zhineng Qigong at Dr. Pang's home, and is one of only a few teachers who still study with Dr. Pang. It is a rare opportunity to be able to work with a teacher of this level and depth of accomplishment.

For the last 20 years **Liu Laoshi** has practiced Zhineng Qigong, and was a teacher at the Hua Xia Qigong Center, also known as the Medicine-less Hospital, for 10 years. He has also taught in Tibet and Sweden. He became a Zhineng Qigong Master after attending a rigorous two-year training program at the Zhineng Qigong Center.



Qiao Zuoxian Laoshi studied and practiced Zhineng Qigong in Master Feng Guangde's class in Jiamusi city in 1988. She has learned the Five Organ Method at the Zhineng Qigong School in Shijiazhuang, then She started work at Hua Xia Zhineng Qigong Healing Center for 10 years. In 2000 she left the job and returned home.

## The Assistants

**Deborah Lissom** teaches Zhineng Qigong at Indiana University and at the Brown Cancer in Louisville, KY.



**Jan Lively** is a Zhineng Qigong teacher who works primarily with cancer patients in Dayton, Ohio.

## TESTIMONIALS

*Three months after practicing Zhineng Qigong, the over 66 cancerous lesions in my liver had all disappeared but one, and it was the size of a pinpoint. I was Stage 4 with cancer in many organs and am now cancer-free.*  
Zambia Ncrumbah 2003



*The doctors said there was no treatment for this type of cancer that had proven effective. Four months after doing qigong daily, my tests showed that the cancer had disappeared.* Faye McDonough. 2003  
(still cancer-free Nov.2006)



[www.LifeQiCenter.com](http://www.LifeQiCenter.com)



## Healing Retreat

at the Life Qi Center  
May 5-26, 2009  
Meishan, China



This retreat will be taught by teachers from the Hua Xia Zhingeng Qigong Centers

Get at the energetic root cause of illness so that it won't come back. Learn to balance the emotions so that a deeper healing can occur.



For more information visit [www.LifeQiCenter.com](http://www.LifeQiCenter.com) or contact Deborah Lissom:  
Deborah@WillowPondHealingCenter.com  
502-594-4554  
Jan Lively: JanLively56@yahoo.com  
937-434-9382

The retreat lasts for 21 days in order to provide optimal learning and healing. It is specifically designed for anyone who has, or is in remission from, a serious or chronic illness and would like to learn a natural healing process that was developed by Dr. Pang Ming, a medical doctor, a doctor of Chinese Medicine, and a Qigong Grandmaster and the founder of the Hua Xia Zhineng Qigong Center in China.

The Masters will do individual and group healing sessions, which are all included in the price of the trip.

You will learn and practice these natural self-healing techniques:

- Fa Qi (method to emit Qi for healing)
- Lift Qi Up, Pour Qi Down  
(Meditative moving form to gather more qi in the body)
- Group Healing
- Develop a quiet mind for the healing process
- Energy theories for healing
- Organize the Qi field and how to use the Qi field to heal yourself and others

At home, you will be able to continue the healing process by yourself.

Even if you have already learned these methods, this retreat will greatly advance your practice and your ability to absorb qi at deeper levels for healing.

All students must be able to walk. If you need special assistance, then it will be necessary to bring someone to care for your basic needs. There is, however, a nurse available if you need injections, IVs, etc.

The retreat will offer many foods that are beneficial in the healing of cancer and other illnesses. All food is fresh and locally grown. The retreat will be held in 3 apartments in Meishan, where the students can have a comfortable and relaxing home environment with Western style toilets and facilities.



Through this practice, students can learn to keep the emotions balanced and the mind more focused and quiet. Then students will be more clear about how they want to live their life.

You will fly to Beijing, then to Chengdu. From there, it is a one-hour shuttle bus ride to Meishan. There will be local sight-seeing, including a natural hot spring with over 20 different herbal baths and natural spring water, Panda Breeding Center, and local historical sites.



The price for the retreat is \$3,080 plus \$100 visa application. This retreat price includes all travel within China, energy healing sessions, lodging, food, and teacher instruction. The price does not include airfare or incidentals.